

# Required Youth Combat Armor for Division 1

SCA - Society Rules, as of 7/2017

Handout adapted from the work of Arianna of Wynthrope



**Helmet:** Hockey helmets, lacrosse helmets, and other sports helmets with facemasks are acceptable. The helmet must be constructed of a continuous rigid material and have a grill, rigid mesh, or face plate that prevents a weapon from making contact with the face. No helmet shall have a gap exceeding 2.0 inches (5.1 cm) in the area protecting the face. Weapon may not touch any exposed area of the head or neck.

**Neck:** Throat and larynx shall be protected by a minimum of light leather or the equivalent

**Torso:** covered by a minimum of cloth (tunic/t-shirt/etc)

**Knee and Elbow joints:** minimum of cloth or soft pads

**Hands:** Light gloves (garden gloves, etc)

**Groin:** Minimum protection is an athletic cup or a padded skirt or undergarment made of light leather or the equivalent. The wearing of a male style athletic cup by female fighters is prohibited.

**Feet:** Sturdy shoes are required. Open toes, sandals, toe shoes, flip-flops, crocs, etc. are NOT acceptable.



## Required Youth Combat Armor for Divisions 2 and 3



**Helmet:** Hockey helmets, lacrosse helmets, and other sports helmets with facemasks are acceptable. The helmet must be constructed of a continuous rigid material and have a grill, rigid mesh, or face plate that prevents a weapon from making contact with the face. No helmet shall have a gap exceeding 2.0 inches (5.1 cm) in the area protecting the face.

Weapon may not touch any exposed area of the head or neck.

**Neck:** *Division 2:* A minimum gorget of medium leather with padding is required. The larynx, cervical vertebrae, and first thoracic vertebra must be covered.

*Division 3:* A gorget of rigid material or heavy leather, with padding, is required. The larynx, cervical vertebrae, and first thoracic vertebra must be covered.

**Torso:** *Division 2:* In addition to Division 1 requirements, kidneys must be protected by a minimum of a medium leather kidney belt with padding or the equivalent. It is recommended but not required that girls have chest protection.



*Division 3:* In addition to Division 1 and Division 2 requirements, the xyphoid process must be protected by a minimum of medium leather and padding or the equivalent. Girls are required to have chest protection of medium leather, heavy quilted material, or the equivalent.

**Knee and elbow joints:** *Division 2:* Elbows and knees must be protected by a minimum of soft pads.

*Division 3:* Elbows and knees must be protected by rigid material over padding. Hockey, motocross and other similar sports elbow and knee pads are acceptable.

**Hands:** *Division 2:* at least 0.25 inch (6.3 mm) of foam or padding, hockey gloves with rigid thumb or full gauntlets (plastic or metal) are required unless hands are covered by basket hilts. Hands in a basket hilt shall have a minimum of a lightweight glove and half gauntlet. The use of basket hilts is strongly encouraged.

## Required Youth Combat Armor for Divisions 2 and 3

*Division 3:* at least 0.5 inch (6.3 mm) of foam or padding, such as those for ice hockey or lacrosse goalies, or equivalent. Gauntlets of heavy leather or rigid material lined with closed cell foam or heavy padding are acceptable. Lighter gloves with a basket hilt and additional wrist protection, such as a half gauntlet, are acceptable. Street Hockey gloves alone are NOT acceptable.

**Groin:** minimum protection is an athletic cup for boys, or a padded skirt or undergarment made of light leather or the equivalent for girls. The wearing of a male style athletic cup by female fighters is prohibited.

**Feet:** Sturdy shoes are required. Open toes, sandals, toe shoes, flip-flops, crocs, etc. are NOT acceptable.

